

### ONE LIFE TO LIVE

(words to chorus Unknown/verse  
words and melody Beth Frack)

*Chorus:* Dream what you want to dream.  
Go where you want to go.  
Be what you want to be.  
'cause you only have one life to live.

*Verse:* Never stop believing in what you can do.  
Day by day, pave the way to make your dreams come true.

### IF I CATCH A FALLING STAR

If I catch a falling star, or pick a four leaf clover,  
or find a shiny penny and put it in my shoe,  
Would it be my lucky day? Would my loneliness be over?  
Would I find a friend, and could that friend be you?  
Yooo hooo hooo Yooo hooo hooo  
Anybody out there want to be my friend?  
Yooo hooo hooo Yooo hooo hooo  
Anybody out there want to be my friend?

### BE YE KIND

*Chorus:* Be ye kind one to another,  
To your fathers, mothers, sisters, and brothers,  
To your friends, and strangers, too!  
Let kindness flow from you.

1. If someone is lost, help them find their way.  
One big smile from you could be what brightens someone's day!

2. Always be polite, by saying "please" and "thank-you."  
Do for others what you'd like for them to do for you!

### Bridge:

K I N D N E S S, gives me joy I must confess-fess.  
But I do it 'cause it is the right thing to do.



### THE DAY THE COWS TOOK OVER THE FARM

1. It might have been the full moon that shone the night before.  
Or maybe simple farm life had just become a bore.  
There was no explanation, no reason, or no rhyme.  
The farmer woke to do his chores like any other time.

2. He never quite expected what he was bound to see.  
He knew something was wrong when a cow was in the tree.  
The farmer called the firemen. They sounded the alarm.  
But it was too late. It was the day the cows took over the farm.

### Chorus:

The day the cows took over the farm the Bovine Band played a song.  
The day the cows took over the farm, all the animals sang along.  
The day the cows took over the farm, there was dancing everywhere.  
The day the cows took over the farm, mooosic filled the air.

3. The farmer's wife, she fainted when she heard the cow choir sing.  
They did a line dance boogie that made their cowbells ring.  
The Holstein sang soprano with the Jersey's harmony.  
The Brown Swiss tried a solo but she sang too far off key.

4. The rooster started crowing "cockadoodle doo."  
The lambs and goats and chickens sang "la la la's" and "moo's."  
The bull joined in the chorus a-blowin on his horn.  
This joyful noise it grew so loud it hurt the ears of corn!

### Bridge:

Until the farmer said, "Stop! I've had enough of this!"  
The animals froze in their tracks when he shook his fist.  
"You get back in that pasture, and stop this nonsense now!"  
"You're not a big time chorus line. You're just a bunch of cows!"



### PLAYING IN THE DIRT

#### Vs. 1

What are you doing today? *I'm playing in the dirt.*  
Oh tell me, what did you say? *I'm playing in the dirt.*  
Oh no, you're playing in the dirt,  
and you've got it on your ears,  
you'll have to go inside and clean it up!  
(repeat Vs.....got it on your feet.)

#### Chorus:

Dirt, dirt, dirt, I've been playing in the dirt.  
Look at me, I've got it everywhere.  
Dirt, dirt, dirt, I've been playing in the dirt.  
It's fun to throw it in the air.  
Dirt, dirt, dirt, I've been playing in the dirt,  
Making mud pies and sand castles, too.  
You ask me why I'm such a mess.  
You want to know so I'll confess  
That playing in the dirt is fun to do.

Vs. 2 ...got it on your shoulders....  
....got it on your nose (or snout)....

### BIRDS OF A FEATHER

Cluck 4x....

1 egg, 2 eggs, 3 eggs, 4---Don't let your eggs fall on the floor.  
5 eggs, 6 eggs, 7 eggs, 8---Hurry up sister, the farmer won't wait!

#### Chorus:

We're birds of a feather and we flock together,  
No matter if it's work or play.  
We all stick together through all kinds of weather,  
'Cause birds of a feather wouldn't have it any other way!

#### Vs. 1

Hens are chickens who lay the eggs,  
then sit on the nest to keep them warm.  
A mother's loving wing must cover her  
babies when they're born.  
Don't forget the roosters, too.  
They have so much work to do,  
Protecting the brood, and waking the farm  
with cockadoodle doos. (crow)

#### Vs. 2

Friends are sort of like roosters are:  
they hang around you through thick and thin.  
When one crows they all crow to be sure that you know  
something's 'bout to begin.  
Friends are just like chickens, too.  
When you're down and feeling blue  
They gather 'round to pick you up and  
show their love for you-oo-oo.

Chorus.....then Cluck 4x





## DOWN AT MY GRANDPA'S CREEK

### Chorus:

Salamanders, minnows, dragonflies, and willows,  
Down at my Grandpa's creek.  
Katydid and snake holes, crawdads and tadpoles,  
Down at my Grandpa's creek.

## IT'S MORE IMPORTANT TO BE NICE

### Chorus:

Listen my brothers, it's nice to be important but,  
it's more important to be nice.  
Listen my sisters, it's nice to be important but,  
it's more important to be nice.

1. You might be good at soccer.  
You might be good at baseball  
but you play dirty just to win.  
What good are all your medals?  
What good are all your trophies  
if you don't have any friends?

2. You might be good at science.  
You might be good at singing  
but you put other people down.  
What good is all your knowledge?  
What good is all your talent  
if you have no friends around?

**Bridge:** Yes, it's nice to be important but it's more  
important to be nice!

## LET'S BE FRIENDS

### Chorus:

Let's be friends. Let's be kind to one another.  
I'll treat you the way that I want you to treat me.  
Let's be friends. Let's be kind to one another.  
Let's be just as nice as we possibly can be.

1. Pushing and shoving and ditching in line.  
Taking your stuff and saying "That mine!"  
These are things I must never do  
If I want to be a friend to you.

## SHARING LOVE

### Chorus

What a great world to live in. What a great place to care.  
What a great world to give in. What a great place to share.  
We're sharing love, love. We're sharing love, sharing love.

### Verse

One small voice in a big world, one small voice like mine,  
Calls people to come together. Come let the light of your love shine.  
Let it shine.

### Bridge:

And let's give thanks up above,  
Thanks that we've been blessed with love.  
Thanks for the sun, and the moon, and the stars.  
Thanks for the dogs, and the bikes, and the cars.  
Thanks for the snow, and the bugs, and the bees.  
Thanks for the friends, and the families,  
Oh thanks, yes, let's give thanks.

Let's Be Friends is dedicated to my husband, Kevin. Without his crazy brainstorming and his constant support, I wouldn't be where I am today. I am so blessed. This project is another "dream come true." May these songs add a bright spot to your day every time you listen. -Beth

All songs written by Beth V. Frack unless otherwise noted.

**Producers:** Beth Frack and Seth Frack

**Executive Producer:** Beth Frack

**Tracks arranged, programmed and recorded by:** Seth Frack

**Keyboards, trombone, guitar:** Seth Frack

**Trumpet:** Steve Sutton

**Background Vocals:** Serah Frack, Kevin Frack, Seth Frack, Whitney Miller

**Sound Effects:** Kevin Frack

**Children Vocals:** Elisabeth Anthony, Anna Katherine Currie, Blaire Ebert, Shannon Haas, Meredith Johnson, McKenna Nard, Drew Ross, Hamilton Ross, Cameron Smith

**Cover design:** Seth Frack **Illustration:** Shannon Haas, age 9



Recorded at Frackadelic Studios, 410 Biscayne Street  
Winston-Salem, North Carolina 27104

**CONTACT BETH FRACK AT:** bvfrack@aol.com  
**CHECK OUT HER WEBSITE AT:** www.bethfrack.com

